

PRE-OPERATIVE INSTRUCTIONS

When you have surgery at _____, you usually do not have to stay overnight in the hospital. The information in this handout will help you get ready for this short visit with us.

Plan Ahead

Transportation

- Have someone drive you to and from the facility where your surgery will be performed _____ . It is not safe for patients to drive after surgical procedures. **For this reason it is our policy that you cannot be discharged until you have someone to drive you home. If you have not made arrangements for this ahead of time, we will be forced to cancel your surgery.**

Safety At Home

- Plan to have a responsible adult stay with you at home the night after surgery.

Special Needs

- We want you to be as comfortable as possible during your stay with us. If you have special needs, please let your doctor or clinic nurse know. This includes help you may need with such things as interpreter services, special equipment or transportation problems.

Night Before Surgery

- Do not eat or drink anything after midnight the night before your surgery. This includes water and coffee. If you do eat or drink, your procedure may have to be canceled or delayed for your safety. You will be served a light meal after surgery.

What To Bring

- Please wear comfortable loose clothing. Sometimes the pre-procedure wait can seem like a long time. Bring something to help pass the time. We ask that each patient have only one visitor in the room at a time.
- If your child is to be our patient, bring a special blanket or toy. You are welcome to stay with your child in the pre-op area. Your child will need a short recovery time after surgery. After that you will be able to stay with your child in the recovery area until it is time to go home.